

March 2017 Meeting of

The Good Life Design Collaborative

*Free Monthly Networking with
Your Local Senior Service Providers!*

Perfect for senior citizens, caregivers, professionals, faith communities



Tuesday, March 14 | 9:00–10:30 am

Senior Center | 1180 Pepsi Place | Charlottesville

Snowy weather? Call 434.974.7756 for a recorded message about Senior Center opening status

Educational Presentation:

“Using Technology to Stay Independent without Breaking the Bank”

Presented by Technology professional Ray Sprouse

How to stay independent in your own home, whatever your age, even with age-related disabilities, without running out of money

No tech knowledge necessary!



Learn more at GoodLifeDesign.org

or contact Elizabeth Swider at 434.326.5323 x 2 or Elizabeth@CareisThere.com

Be educated

Be connected

Be inspired